Case Study from a Professor of Respiratory Medicine

Professor Alyn Morice  MD, FRCP
Head of Cardiovascular & Respiratory Studies

The world’s first non-invasive test for reflux disease
I study patients with cough, and non-acid reflux is the commonest cause of a chronic cough. Peptest is the only test available that diagnoses this in an objective fashion.

Using Peptest in the clinic requires a certain amount of knowledge about the condition that we are diagnosing. Most doctors and healthcare professionals will think of reflux as only an acid related phenomenon, however, this is not so. The great utility of Peptest in this case is being able to also diagnose non-acid reflux.

We use Peptest for a wide variety of different complaints – patients with voice disorders frequently come along to my clinic. Again, they have been misdiagnosed as having acid reflux being the main cause of their voice disorder.

Often the doctor finds their symptoms mysterious, and frequently because they can find no explanation, they think that there is something psychologically wrong with the patient; so it’s the patient’s fault, which is not true. Peptest’s great advantage here is that it gives us an objective measure to show that there is something wrong, rather than it is in the patient’s imagination.

“I use Peptest in every clinic that I work at”
How Peptest helps...

“The patient pathway we use in the clinic is that once I have received a referral letter, I will then arrange for a Peptest to be sent out. The patient performs the salivary sampling at home when the symptoms appear, which they can then store in their fridge and bring back to us.”

“Because it is such a rapid test we are able to receive the results while I am seeing the patient in the clinic.”

“Having got the confirmation of the diagnosis, I will apply my usual therapeutic algorithm and they will receive a series of trials of the various anti-reflux medications. Not anti-acid, because it is not acid we are dealing with, but anti-reflux medications.”

“Patients find the test easy to do and they appreciate the idea of doing it at the time of symptoms, so that they are able to pick up the pepsin in the saliva.”

“When we have a positive result and I can show them objectively in the clinic a positive sample, they are often greatly relieved to know the cause of their symptoms.”

“I would strongly recommend Peptest to other people.”

“The key thing to be able to understand is that it is non-acid reflux we are trying to detect here. Once you have that understanding you must be able to analyse the results correctly - not every result is going to be positive because it is an episodic phenomenon. So if you understand that you are looking at a pattern of results, then the patient and the doctor will be able to have an objective diagnosis.”
How to Order Peptest

To order Peptest™ contact us:
ONLINE: http://bodycare.ie
PHONE: +353 (0) 1 816 4792
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Peptest from bodycare.ie

Bodycare Natural Healthcare Ltd
The Cottage, Balgriffin
Dublin 17, Ireland
Company Reg No. 555244

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